



# Freeport Cheerleading Competition

Saturday, December 20, 2025

50 S. Brookside Ave.

Freeport, NY 11520

Session 1 – Middle School, JV C & JV Coed	Warm-Up Time	Competition Time
Team 1 Berner Middle School	9:45	10:00
Team 2 Woodland Middle School	9:55	10:10
Team 3 Oceanside Middle School	10:05	10:20
Team 4 Howitt Middle School	10:15	10:30
Team 5 Syosset Middle School	10:25	10:40
Team 6 Carle Place Middle School	10:35	10:50
Team 7 Locust Valley Middle School	10:45	11:00
Team 8 Seaford Middle School	10:55	11:10
Team 9 J. W. Dodd Middle School	11:05	11:20
Team 10 Island Trees Middle School	11:15	11:30
Team 11 Plainview Middle School	11:25	11:40
Team 12 Seaford - JV C	11:35	11:50
Team 13 Cold Spring Harbor - JV C	11:45	12:00
Team 14 Clarke - JV Coed	11:55	12:10
Team 15 New Hyde Park JV Coed	12:05	12:20
Results		12:30
Clear gymnasium through the rear gym doors		

Session 2: JV A & Varsity C	Warm-Up Time	Competition Time
Team 1 East Meadow JV A	12:45	1:00
Team 2 Massapequa JV A	12:55	1:10
Team 3 Oceanside JV A	1:05	1:20
Team 4 Farmingdale JV A	1:15	1:30
Team 5 Freeport JV A	1:25	1:40
Team 6 Herricks JV A	1:35	1:50
Team 7 Syosset JV A	1:45	2:00
Team 8 East Rockaway Varsity C	1:55	2:10
Team 9 North Shore Varsity C	2:05	2:20
Team 10 Seaford Varsity C	2:15	2:30
Team 11 Oyster Bay Varsity C	2:25	2:40
Team 12 Malverne Varsity C	2:35	2:50
Team 13 Island Trees Varsity C	2:45	3:00
Results		3:10
Clear gymnasium through the rear gym doors		



Session 3 - Varsity A & Varsity Coed	Warm-Up Time	Competition Time
Team 1 East Meadow Varsity A	3:25	3:40
Team 2 Massapequa Varsity A	3:35	3:50
Team 3 Oceanside Varsity A	3:45	4:00
Team 4 Farmingdale Varsity A	3:55	4:10
Team 5 Syosset Varsity A	4:05	4:20
Team 6 Plainview/Old Bethpage Varsity A	4:15	4:30
Team 7 Port Washington Varsity A	4:25	4:40
Team 8 Roosevelt Varsity Coed	4:35	4:50
Team 9 Carle Place Varsity Coed	4:45	5:00
Team 10 Valley Stream N. Varsity Coed	4:55	5:10
Team 11 Freeport Varsity Coed	5:05	5:20
Team 12 Glen Cove Varsity Coed	5:15	5:30
Results		5:40
Clear gymnasium through the rear gym doors		



Admission: \$5.00

Please have your spectators enter through the back entrance near the cafeteria.

Doors will open approximately 15 minutes before each session begins.

Competition T-shirts will be sold in the hallway outside the main gym.

Shout-outs and 50/50 raffles will be sold in the main gym.

Concessions will be available all day in the cafeteria.

Attention Coaches:

Please have your bus drop off and pick up your team in the front main driveway.

Buses may not park in the back high school parking lot. They will remain in the front driveway until the competition has ended.

When you arrive, please check in at the registration table inside the cafeteria.

All belongings should be kept in the cafeteria.

Warm-ups will take place in the small gym. Teams will be picked up approximately 5-10 minutes before warm-up time. If no one arrives to escort you, it is your responsibility to report to the warm-up gym on your own.

We are looking forward to seeing everyone on December 20th!

If you have any questions, please contact:

Laurie: (516) 680-4720

Cheryl: (516) 884-3073