



# Freeport Cheerleading Competition

Saturday, December 20, 2025

50 S. Brookside Ave.

Freeport, NY 11520

Session 1 – Middle School, JV C & JV Coed	Warm-Up Time	Competition Time
Team 1 Berner Middle School	9:45	10:00
Team 2 Woodland Middle School	9:55	10:10
Team 3 Oceanside Middle School	10:05	10:20
Team 4 Howitt Middle School	10:15	10:30
Team 5 Syosset Middle School	10:25	10:40
Team 6 Carle Place Middle School	10:35	10:50
Team 7 Locust Valley Middle School	10:45	11:00
Team 8 Seaford Middle School	10:55	11:10
Team 9 J. W. Dodd Middle School	11:05	11:20
Team 10 Island Trees Middle School	11:15	11:30
Team 11 Plainview Middle School	11:25	11:40
Team 12 Seaford - JV C	11:35	11:50
Team 13 Cold Spring Harbor - JV C	11:45	12:00
Team 14 Clarke - JV Coed	11:55	12:10
Team 15 New Hyde Park JV Coed	12:05	12:20
Results		12:30
Clear gymnasium through the rear gym doors		

Session 2: JV A & Varsity C	Warm-Up Time	Competition Time
Team 1 East Meadow JV A	12:45	1:00
Team 2 Massapequa JV A	12:55	1:10
Team 3 Oceanside JV A	1:05	1:20
Team 4 Farmingdale JV A	1:15	1:30
Team 5 Freeport JV A	1:25	1:40
Team 6 Herricks JV A	1:35	1:50
Team 7 Syosset JV A	1:45	2:00
Team 8 East Rockaway Varsity C	1:55	2:10
Team 9 North Shore Varsity C	2:05	2:20
Team 10 Seaford Varsity C	2:15	2:30
Team 11 Oyster Bay Varsity C	2:25	2:40
Team 12 Malverne Varsity C	2:35	2:50
Team 13 Island Trees Varsity C	2:45	3:00
Results		3:10
Clear gymnasium through the rear gym doors		



Session 3 - Varsity A & Varsity Coed	Warm-Up Time	Competition Time
Team 1 East Meadow Varsity A	3:25	3:40
Team 2 Massapequa Varsity A	3:35	3:50
Team 3 Oceanside Varsity A	3:45	4:00
Team 4 Farmingdale Varsity A	3:55	4:10
Team 5 Syosset Varsity A	4:05	4:20
Team 6 Plainview/Old Bethpage Varsity A	4:15	4:30
Team 7 Port Washington Varsity A	4:25	4:40
Team 8 Roosevelt Varsity Coed	4:35	4:50
Team 9 Carle Place Varsity Coed	4:45	5:00
Team 10 Valley Stream N. Varsity Coed	4:55	5:10
Team 11 Freeport Varsity Coed	5:05	5:20
Team 12 Glen Cove Varsity Coed	5:15	5:30
Results		5:40
Clear gymnasium through the rear gym doors		



Admission: \$5.00

- Please have your spectators enter through the back entrance near the cafeteria.
- Doors will open approximately 15 minutes before each session begins.
- Competition T-shirts will be sold in the hallway outside the main gym.
- Shout-outs and 50/50 raffles will be sold in the main gym.
- Concessions will be available all day in the cafeteria.

Attention Coaches:

- Please have your bus drop off and pick up your team in the front main driveway.
- Buses may not park in the back high school parking lot. They will remain in the front driveway until the competition has ended.

- When you arrive, please check in at the registration table inside the cafeteria.
- All belongings should be kept in the cafeteria.

Warm-ups will take place in the small gym. Teams will be picked up approximately 5–10 minutes before warm-up time. If no one arrives to escort you, it is your responsibility to report to the warm-up gym on your own.

We are looking forward to seeing everyone on December 20th!  
 If you have any questions, please contact:  
 Laurie: (516) 680-4720  
 Cheryl: (516) 884-3073